

IMS - Advanced 2
Lower body
March 8-9, 22-23 2018

לגעת בכאב **Touching the pain**
 החברה הישראלית לרפואת שריר שלד
 The Israeli Society of Musculoskeletal Medicine



The Institute for Pain Medicine
 Spencer Bldg (11)
 Rambam Health Center, Haifa



				Lecturer	Muscles
Thursday, May 16th					
16:00 - 16:15	00:15		Arrival and Registration		
16:15 - 17:45	01:30	1-1	Syndromes: Low back and pelvis a complete physical examination	Vulfsons	1-2 Iliopsoas 1-2 Gluteus maximus
17:45 - 18:15	00:30		<i>Dinner</i>		
18:15 - 19:45	01:30	1-2	Syndromes: Low back and pelvis, iliopsoas, glut max	Satran	
19:45 - 21:00	01:15	1-3	Essentials of Palpation and Manual Release Theory	Fisher	
Friday, May 17th					
08:00 - 09:30	01:30	2-1	Essentials of Palpation and Manual Release Practical	Fisher	2-2 External oblique 2-2 Internal oblique 2-2 Rectus sheath 2-3 Tensor fasciae latae 2-3 hip external rotators (exclud Obturator Internus)
09:30 - 10:00	00:30		<i>Break</i>		
10:00 - 11:30	01:30	2-2	Syndromes: Abdominal wall pain	Vulfsons	
11:30 - 13:30	02:00	2-3	Syndromes: greater trochanteric hip pain	Satran	
Thursday, May 30th					
16:00 - 16:30	00:30	3-0	Pearls from first weekend, testimonials	Satran	3-1 Adductor longus and brevis 3-1 Pectineus 3-1 Adductor magnus 3-2 Hamstrings 3-2 Obturator Internus
16:30 - 18:30	02:00	3-1	Syndromes: groin and medial thigh pain	Vulfsons	
18:30 - 19:00	00:30		<i>Dinner</i>		
19:00 - 21:00	02:00	3-2	Syndromes: sitting pain, posterior thigh pain	Gorski	
Friday, May 31st					
08:00 - 10:30	02:30	4-1	Syndromes: ankle and heel pain	Mashov	4-1 Peroneus longus and brevis 4-1 Quadratus plantae 4-2 Extensor digitorum longus 4-2 Extensor Hallucis longus 4-2 Interossei
10:30 - 11:00	00:30		<i>Break</i>		
11:00 - 12:45	01:45	4-2	Syndromes: Foot pain	Satran	
12:45 - 13:00	00:15		Feedback, summary	Team	